

# Alchemical Health

Challenging Contemporary Scientism with Ancient Wisdom

Dr Steven Alexander Young MScí PhD

# Steven Young



## Background

Born & raised in Scotland (1978)

- Husband and father of 3
- Lifetime interest in music and science
- DJ since 1990

St Andrews University (1996 -2000)

- MSci Theoretical Physics

Surrey University (2000-2004)

- PhD Nuclear Physics

Corporate employment (2005 -2010)

Self-employed music professional (2010+)

- Produced over 100 original music tracks
- Played clubs and festivals across the world

Lived in Central America and Hawaii (2015-2018)

- Shamanic healing
- Audio Alchemy retreats
- Ecstatic dances

Living back in Scotland (2018+)

# Acknowledgements

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Dr Andrew Kaufman

All TEOC speakers

# Part 1 - Dissociating from Contemporary Scientism

# Two Types of Science

Science is conventionally split into two categories:

- Pure (theoretical)
- Applied (practical)

The word 'pure' is a misnomer, since purity is always something valuable and useful, but in the case of 'pure science' there is usually no value, application or benefit

# Two Types of Science

A more useful division of science is:

- That which you can do



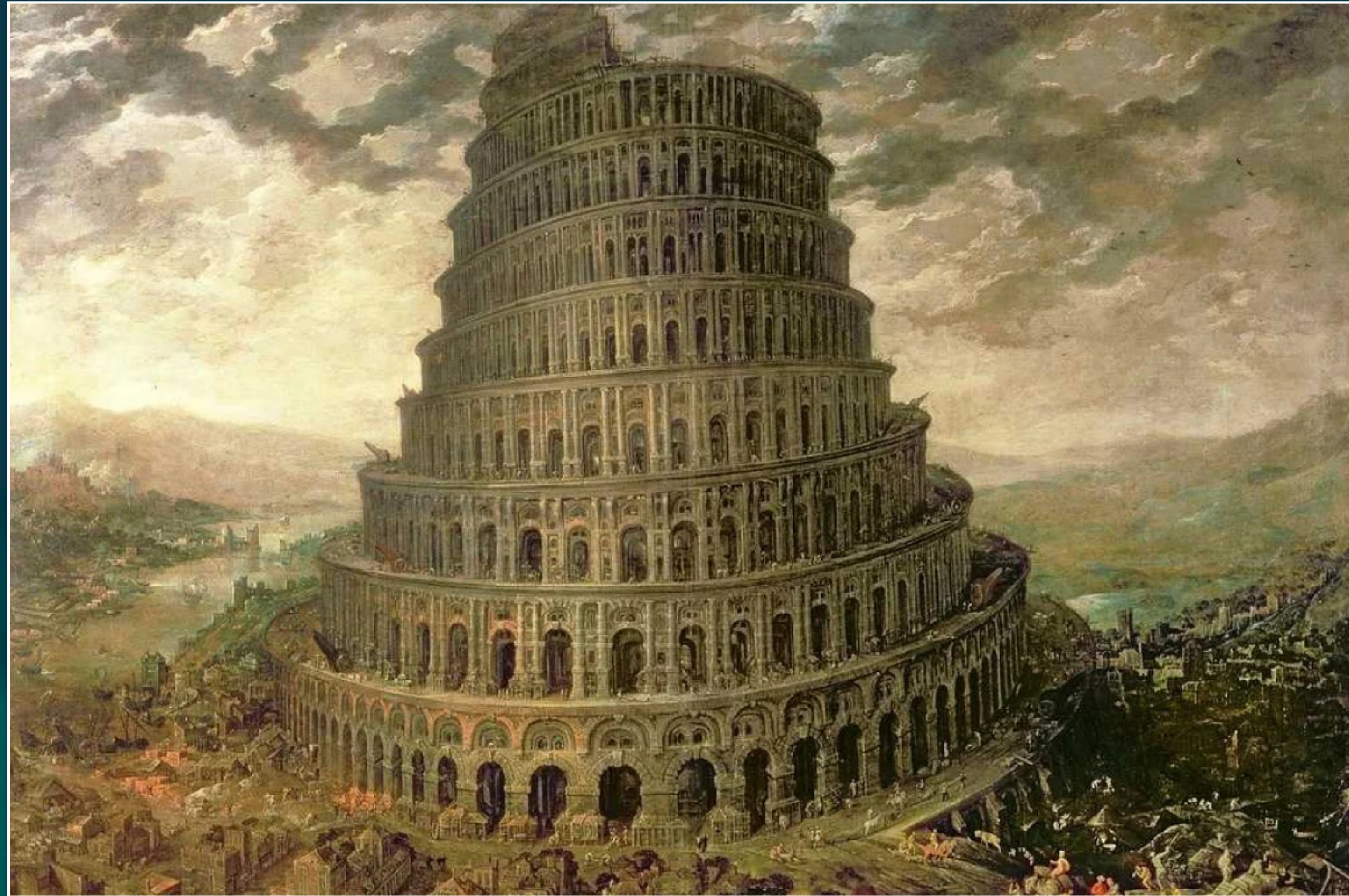
- That which you must believe



All positive science is rooted in Alchemy, the rest is loosely known as Scientism

# Symbolism of the Tower of Babel

- Fruitless activity
- Misguided human endeavours
- Legal or corporate hierarchies
- Glorification of man
- Man attempting to reach God
- Attempting to surpass the human condition
- Lifting people up to god-like status
- Concentrating power in the hands of a few
- Endlessly consumes resources and human life
- Produces a lot of shit
- Shit flows down, money flows up



# Scientism's Tower of Babbble

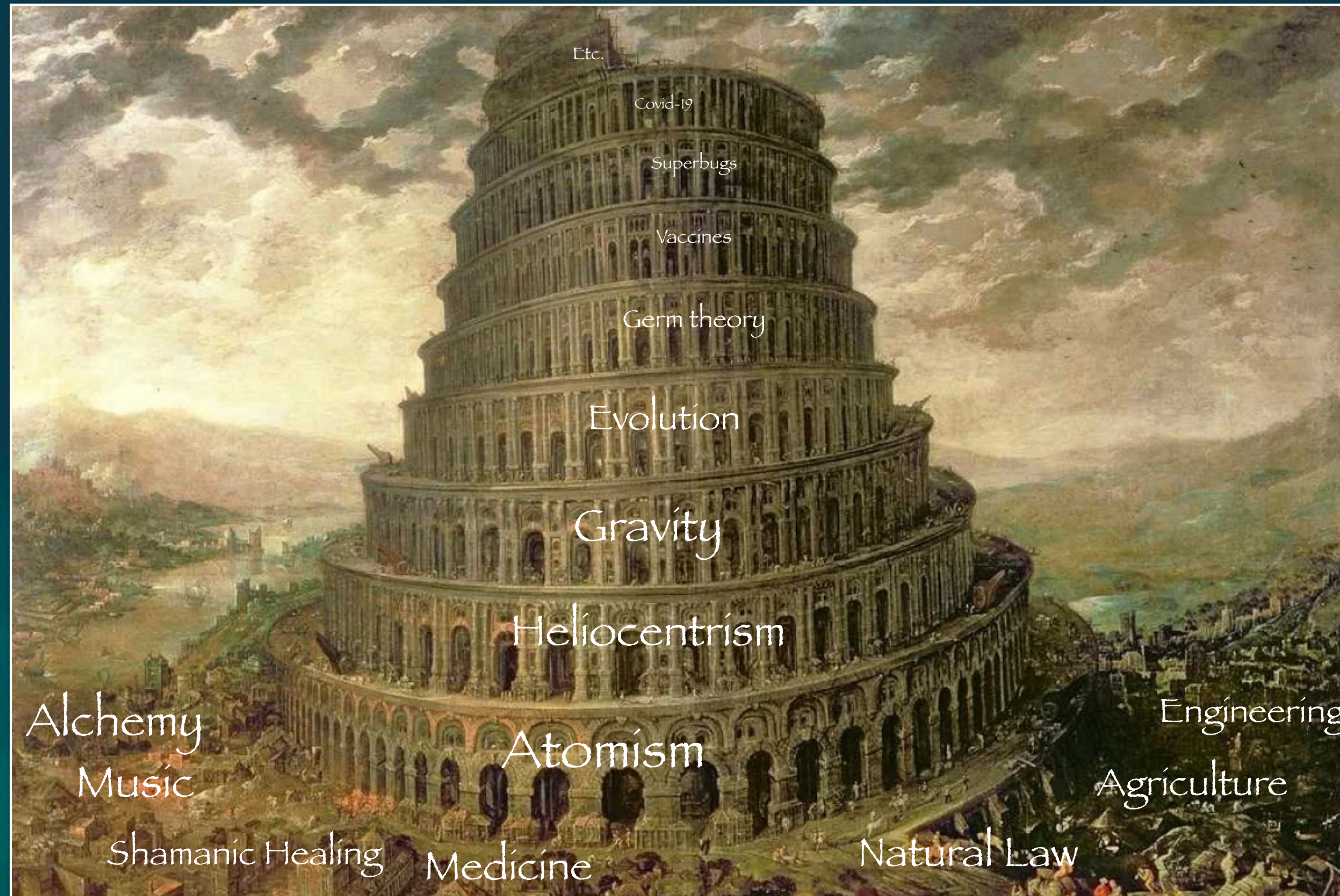
Theory built on theory





# Scientism's Tower of Babble

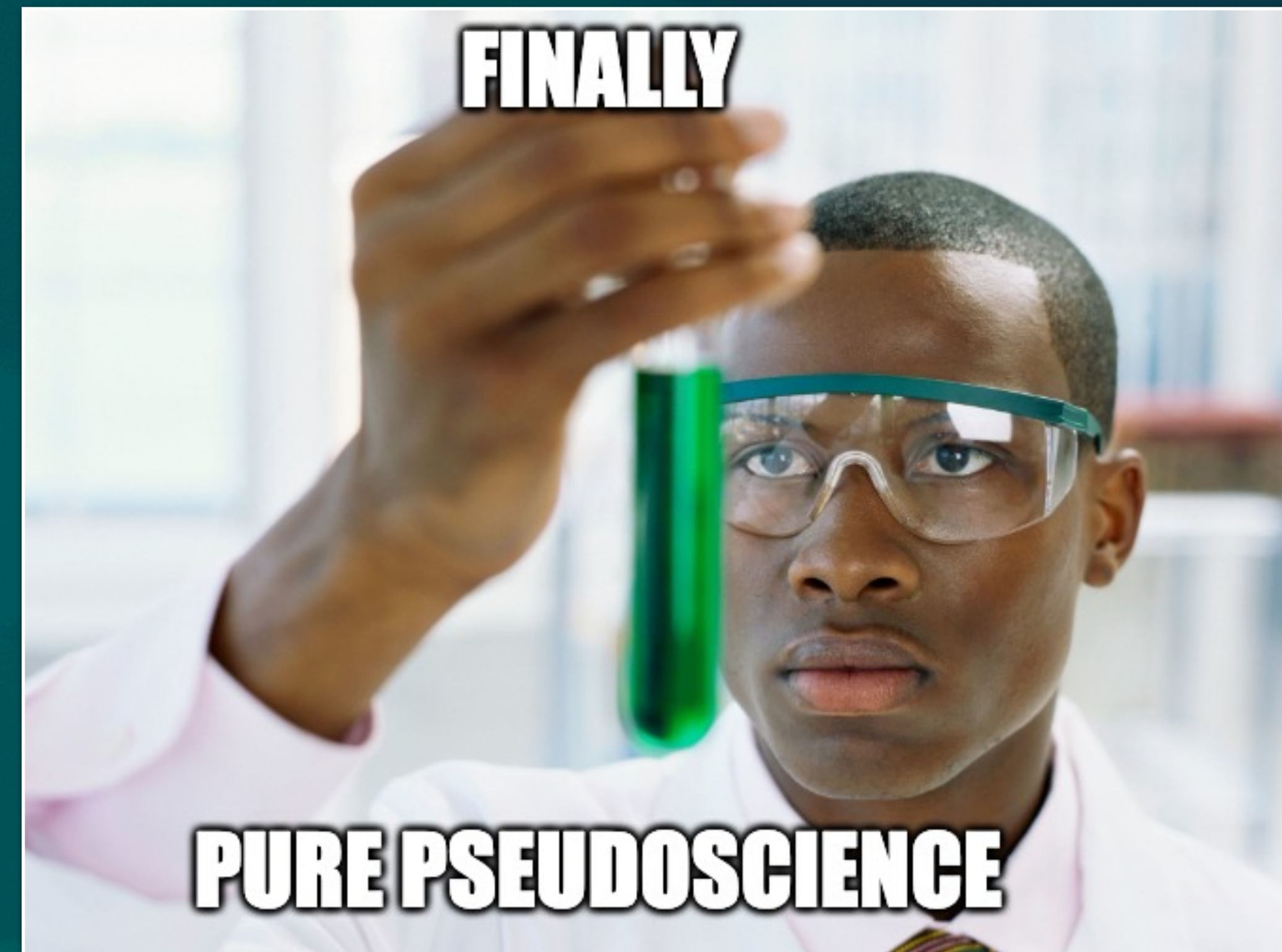
Theories built on Atomism



**Bedrock = Theory based in practice**

# Characteristics of Scientism Babble

- Contradicts the senses or exists beyond the senses
- Can't be independently tested
- Requires trust in models, experts and authorities
- Requires belief in the existence of things not seen
- Discards the spiritual wisdom of the ages
- Fails to adhere to the scientific method
- Frequently talks of “millions” and “billions”
- Provides no useful applications or benefit to life (fruitless)
- Denies existence of the soul, spirit and afterlife
- Denies the divine
- Is anti-life and anti-creation
- Is a biblical inversion



# The Inverted World

“When a clown moves into a palace, he doesn’t become a king, the palace becomes a circus”

Turkish Proverb

- Biblical inversions lead to cultural inversion (inferno, inverno)
- Corrupt authorities engaged in criminal activity need to constantly lie
- Strict secrecy is used, decoys, distractions, media narratives, propaganda
- Lies can be sustained for decades or centuries
  
- We expect that the world is an open forum for ideas to be discussed and debated
- But in reality it is a rigged system held together by pride and vested interests
- False theories are projected and upheld for purposes of controlling consciousness
- Each theory has a corresponding belief system and effect on human behaviour
- All scientism theories are used to justify immorality and crimes against humanity



Dante's Inferno

# Scientism & Satanism

Mark Passio defines 'de-facto satanism' as a mindset consisting of four tenets:

1. Egotism
2. Moral Relativism
3. Social Darwinism
4. Eugenics

Corresponding theories upheld to provide "scientific justification" for de-facto satanism:

- Atomism
- Relativity / Gravity
- Evolution
- Germ / Contagion

# Counter-Intelligence

- An intelligent populous is a threat to a corrupt government, so they spend huge sums of money on “counter-intelligence” to dumb people down
- Government Intelligence = Spy-ops
- Counter-intelligence = Psy-ops
- In effect, governments are in a psychological war against the populous, battling to keep them ignorant, submissive or inert, dividing all groups of people against each other
- Counter-intelligence operations are where most of the government money goes
- The life sciences have been occulted and obscured with counter-intelligence
- Common people expect Intelligent people to be in charge, but the opposite is true
  - Kakistocracy: Government by the least qualified or most unprincipled citizens.
- Media news stories are the real ‘conspiracy theories’
- What is branded ‘conspiracy theories’ are actually facts and patterns
- Beware of counter-intelligence agents muddying the waters of truth

# Part 2 - Elementary Alchemical Science

The four elements of life and the seven steps of transformation

# Alchemy

It can be thought of like mathematics

A universal symbolic system of knowledge that can be applied to any scientific or creative process

It is not credited to any man or woman, but part of our collective spiritual inheritance from the divine

It is practiced by people in all cultures going back to ancient Greece, Egypt and China

Alchemy is the unification of science and spirituality (Al-chem)

It is occulted behind a very thin veil that is easily penetrated

The aspiring alchemist must initiate his or herself into The Art





# Correspondences

Attributes & Associations



Wet/Dry = Separation

Cold/Hot = Vibration

Fire penetrates all other elements  
 Fire commands all other elements  
 Fire is the 'Prime Mover'  
 Fire is 'The Great Purifier'

Air is medium of greatest light

Earth is medium of greatest dark



# Elements & Personality

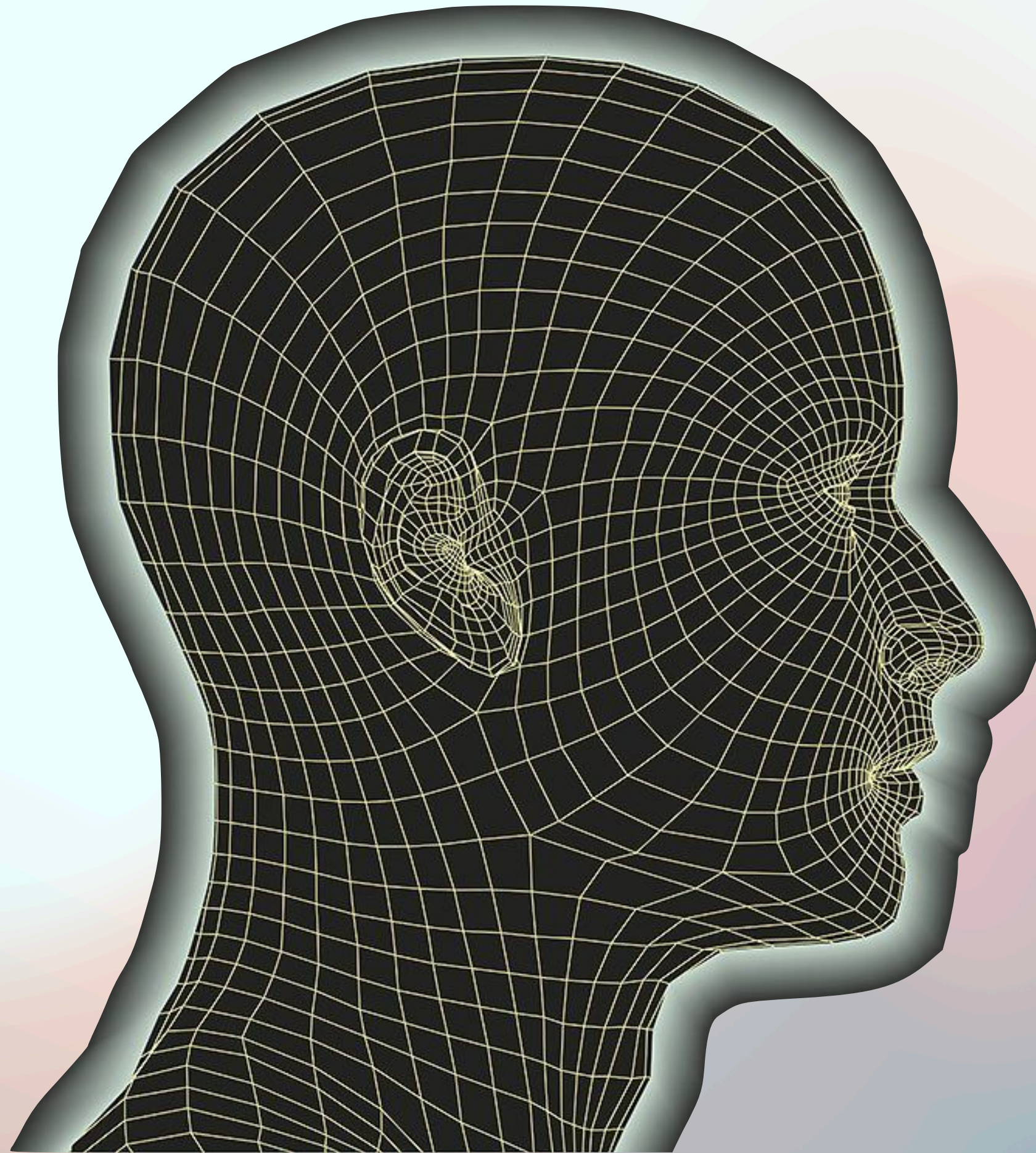
Element	Positive Traits	Negative Traits
Fire	Independent, creative, initiating, leading, inspiring, trailblazing, illuminating	Selfish, destructive, explosive, instigating, intense, proud, cruel
Air	Communicative, thoughtful, logical, rational, diligent, persuasive	Absent minded, aloof, unfocused, drifting, vague, whimsical, lazy
Earth	Stable, stolid, structured, reliable, stoic, persistent, enduring, generous	Stubborn, fixated, materialistic, greedy, uncompromising, withholding, obstructing
Water	Emotional, sensitive, impressionable, perceptive, expressive, sympathetic, sociable, empathic	Apathetic, cold, passive, damp, clingy, envious, buzzkill

# Elements & Food

Element	Taste	Plant	Animal
Fire	Savoury	Cooked veg, chilli, spicy, fiery foods	Red/Game meat
Air	Sweet	Fruits, petals, nectar, flavours, volatile essences	Fowl/Bird meat
Earth	Bitter	Vegetables, seeds, grains, roots, leaves	Animals, reptiles, bugs, “everything that creepeth upon the earth”
Water	Salty	Seaweeds, Kelp, Watercress, Algae	Fish meat, shellfish, amphibians, waterborne creatures

“All flesh is not the same flesh: but there is one kind of flesh of men, another flesh of beasts, another of fishes, and another of birds.” 1 Cor 15:39

# We Sense The Elements



Eyes = Fire

Nose = Air

Taste = Water

Touch = Earth

Hearing = Aether\*

\*Ears detect pressure vibrations in the aether

# Death Rites

- ◆ Fire - Cremation
- ◆ Air - Desiccation/Donation
- ◆ Water - Burial at Sea
- ◆ Earth - Burial in Ground



“All things dissolve into that from which they came”

- Mahabhrata

# Need & Like

We like what we have, but we need what we lack

Example Constitution:	Likes	Needs
High Fire + Air	More Fire + Air	More Earth + Water
Food	Red meat, chicken, fruits, sweets, vaping/ smoking, tea, coffee, spirits, spicey curries	Drink more water, eat more veggies and seafood
Relationships	High-flying career women and super-models	A loving, practical and compassionate wife to create a home with
Health	Prone to inflammation, digestion issues, bloating, overconsumption, weight gain, sweet tooth, sweating, spots, restless sleep etc	Water, oils, exercise, fasting, take more bitters and salt
Life	Bright mind, likes reading, researching, creativity, maths, science, music, design etc	Help with body maintenance, finances, practical and mundane problems, lacks emotional sensitivity, can't save money

# The Seven Steps

Alchemy defines seven primary types of purification processes:

- |                 |                                 |                   |
|-----------------|---------------------------------|-------------------|
| 1. Calcination  | Heating, drying, pulverising    | • Fire            |
| 2. Dissolution  | Dissolving, stirring, flowing   | • Water           |
| 3. Separation   | Sifting, filtration, extraction | • Air             |
| 4. Conjunction  | Combining, merging, integrating | • Earth           |
| 5. Fermentation | Digestion, spiritualisation     | • Sulphur (Fire)  |
| 6. Distillation | Purifying, potentiating         | • Mercury (Water) |
| 7. Coagulation  | Solidifying, curing, preserving | • Salt (Earth)    |



# Healing Processes



The principles of purification of matter can be applied universally, to human health and healing processes:

1. Calcination      Heat therapies, sauna, temazcal, sensory deprivation, ego death
2. Dissolution      Water fasting, swimming, floatation, music, dancing, socialising, bonding
3. Separation      Isolation, solitude, organisation, simplification, boundaries
4. Conjunction      Living from the heart, alignment with natural law
5. Fermentation      Rebirth, renewal, spiritual and psychedelic experiences
6. Distillation      Attainment of wisdom from life's ups and downs
7. Coagulation      Right relationship to the divine, the philosopher's stone



That's all folks

Music and contact: [www.hedflux.com](http://www.hedflux.com)