

# The Greatest Discovery in Human History

**The 5 Biological Laws of  
Germanic Healing Knowledge**

presented by Melissa Sell DC



**The Discoverer**

# **Dr. Ryke Geerd Hamer**

**1935-2017**



- **Married at 22 to Sigrid, 4 Children**
- **Licensed medical doctor by age 26**
- **Invented several patents including: atraumatic scalpel, bone saw for plastic surgery**
- **8/18/78- Son Dirk shot by Italian prince of Savoy**
- **12/7/78- Dirk Died in his arms**
- **Feb. 1979 - Testicular Cancer**

# The History

- **1981- Discovered the 'Iron Rule of Cancer' and the 2 phased nature of disease (Laws 1&2)**
- **October 1981- Submitted thesis to University of Tübingen**
- **1987- Discovered the 3rd and 4th Biological Laws**
- **December 1988- GHK verified to be correct in Vienna**
- **September 1998 - GHK verified at University of Trnava**
- **March 1989 - 27 cases confirmed in Munich**
- **1994 - the 5th Biological Law**


"One night he dreamt of a gentle crocus breaking through the hard snow cover. Dr. Hamer understood this dream as a symbol and a message: just like the crocus, the Germanische Heilkunde® (former name: Germanic New Medicine®) will find its way to freedom."



# Germanische Heilkunde

"The term Germanische Heilkunde is wonderful. It combines Germanic as a term for freedom, truthfulness and a sense of family with the two word stems Heil = to heal (heilen), bright (hell) und holy (heilig) – as well as Kunde = to proclaim (künden) and to know (kundig), also art (Kunst)."

**ALSO CALLED...**  
**GERMANIC HEALING KNOWLEDGE**  
**GERMAN NEW MEDICINE**  
**THE SACRED MEDICINE**  
**THE 5 BIOLOGICAL LAWS**



**When you  
understand your  
body, you do not  
fear its functions.**

# **The Five Biological Laws**

- **Psyche Brain Organ**
- **Law of Two Phases**
- **Ontogenetic System of Tumors**
- **Ontogenetic System of Microbes**
- **Quintessence**

# THE FIRST BIOLOGICAL LAW

## THE IRON RULE OF CANCER



**EVERY SIGNIFICANT BIOLOGICAL SPECIAL PROGRAM (DISEASE) ORIGINATES FROM AN ISOLATING CONFLICT SHOCK AND SIMULTANEOUSLY AFFECTS THREE LEVELS OF THE ORGANISM: PSYCHE - BRAIN - ORGAN**

# THE SHOCK



**THIS HAS NEVER HAPPENED TO ME BEFORE.  
I NEVER DREAMED IT COULD HAPPEN.  
I WAS STRUCK BY LIGHTNING.  
I FROZE.  
I WAS THUNDERSTRUCK.  
I COULDN'T SPEAK.**



## 1st Criterion

Every Significant Biological Special Programme (SBS), originates from a DHS (Dirk Hamer Syndrome), which is a severe, highly acute dramatic, and isolative conflict-experience-shock, that occurs simultaneously on three levels: psyche – brain – organ.

## 2nd Criterion

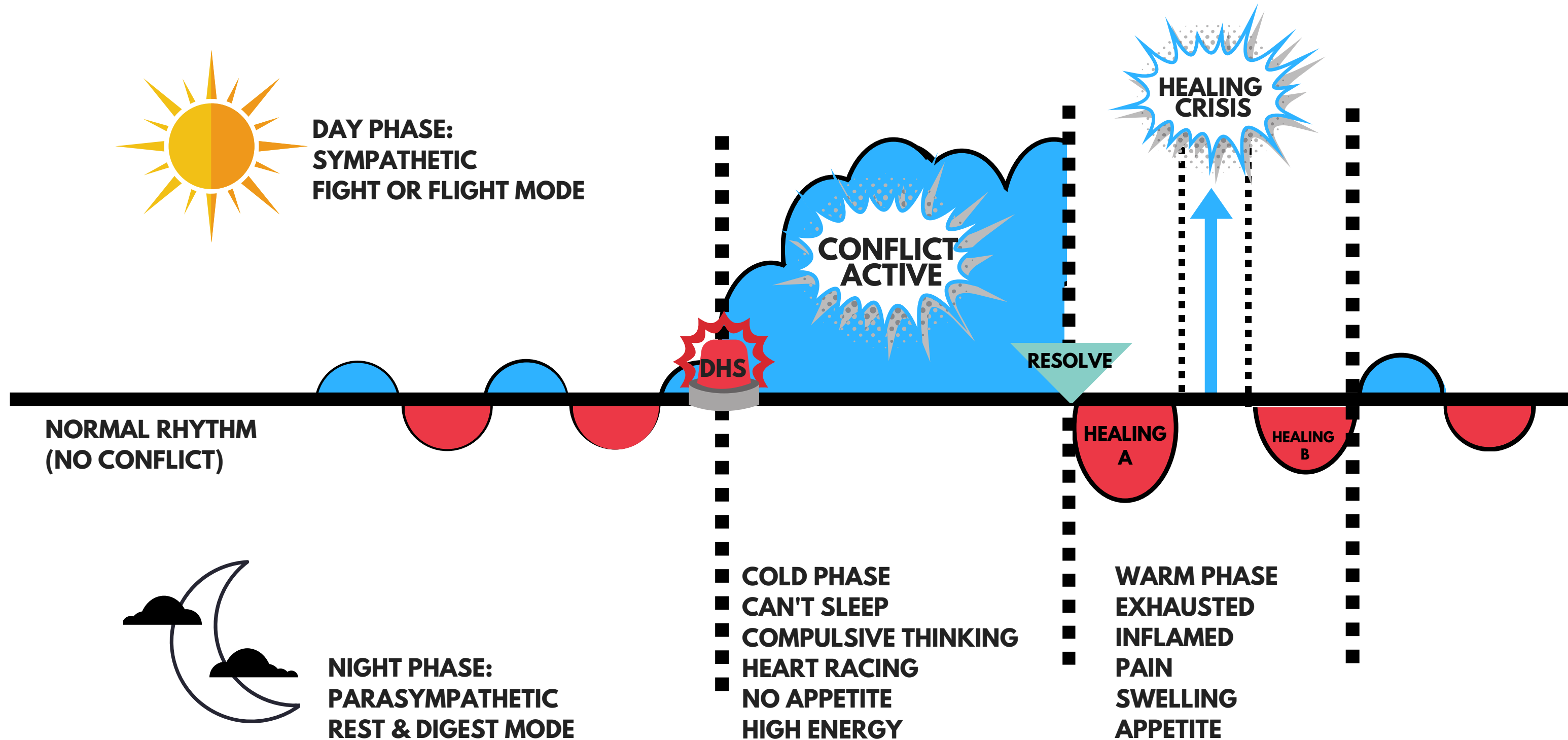
The Biological Conflict determines at the moment of the DHS the location of the SBS in the brain as a co-called Hamer Focus (HH – Hamerscher Herd) and also the location on the corresponding organ as a cancer or a cancer-equivalent with a Hamer Organ Focus (HOH – Hamerscher Organ Herd).

## 3rd Criterion

The development of the SBS on all three levels (psyche – brain – organ), from the DHS to the conflict resolution (conflictolysis=CL) and to the epileptic/epileptoid crisis at the height of the pcl-phase (healing phase) and the return to normalization (normotonia), is synchronous!

# THE SECOND BIOLOGICAL LAW

## THE LAW OF TWO PHASES



# THE THIRD BIOLOGICAL LAW

## THE ONTOGENETIC SYSTEM OF TUMORS AND CANCER EQUIVALENT DISEASES

<b>OLD BRAIN</b> Tissue Addition +	<b>BRAINSTEM ENDODERM GERM LAYER</b>	<b>+ CONFLICT: TISSUE GROWTH</b>	<b>- HEALING: TISSUE DECOMPOSITION</b>
	<b>CEREBELLUM MESODERM GERM LAYER (OLD)</b>	<b>+ CONFLICT: TISSUE GROWTH</b>	<b>- HEALING: TISSUE DECOMPOSITION</b>
<b>NEW BRAIN</b> Tissue Decrease or Loss of Function -	<b>CEREBRAL WHITE MATTER MESODERM GERM LAYER (NEW)</b>	<b>- CONFLICT: CELL LOSS ULCERATION</b>	<b>+ HEALING: TISSUE RESTORATION</b>
	<b>ECTODERM GERM LAYER</b>	<b>- CONFLICT: CELL LOSS ULCERATION</b>	<b>+ HEALING: TISSUE RESTORATION</b>

# THE FOURTH BIOLOGICAL LAW

## THE ONTOGENETIC SYSTEM OF MICROBES

**MICROBES ARE  
CONTROLLED BY THE  
BRAIN AND ASSIST  
THE BODY IN  
RESTORING NORMAL  
TISSUE FUNCTION.**

<b>ENDODERM</b>	<b>BACTERIA &amp; FUNGI MYCOBACTERIA TUBERCULOSIS</b>
<b>MESODERM</b>	<b>BACTERIA &amp; FUNGI</b>
	<b>BACTERIA</b>
<b>ECTODERM</b>	<b>SO-CALLED "VIRUSES"</b>


**THE QUINTESSENCE  
THE FIFTH BIOLOGICAL LAW**



**NOTHING IN NATURE IS MEANINGLESS OR  
MALIGNANT. ALL "DISEASES" ARE PART OF A  
SIGNIFICANT BIOLOGICAL SPECIAL  
PROGRAM OF NATURE THAT MAKES SENSE  
IN THE CONTEXT OF HUMAN DEVELOPMENT.**

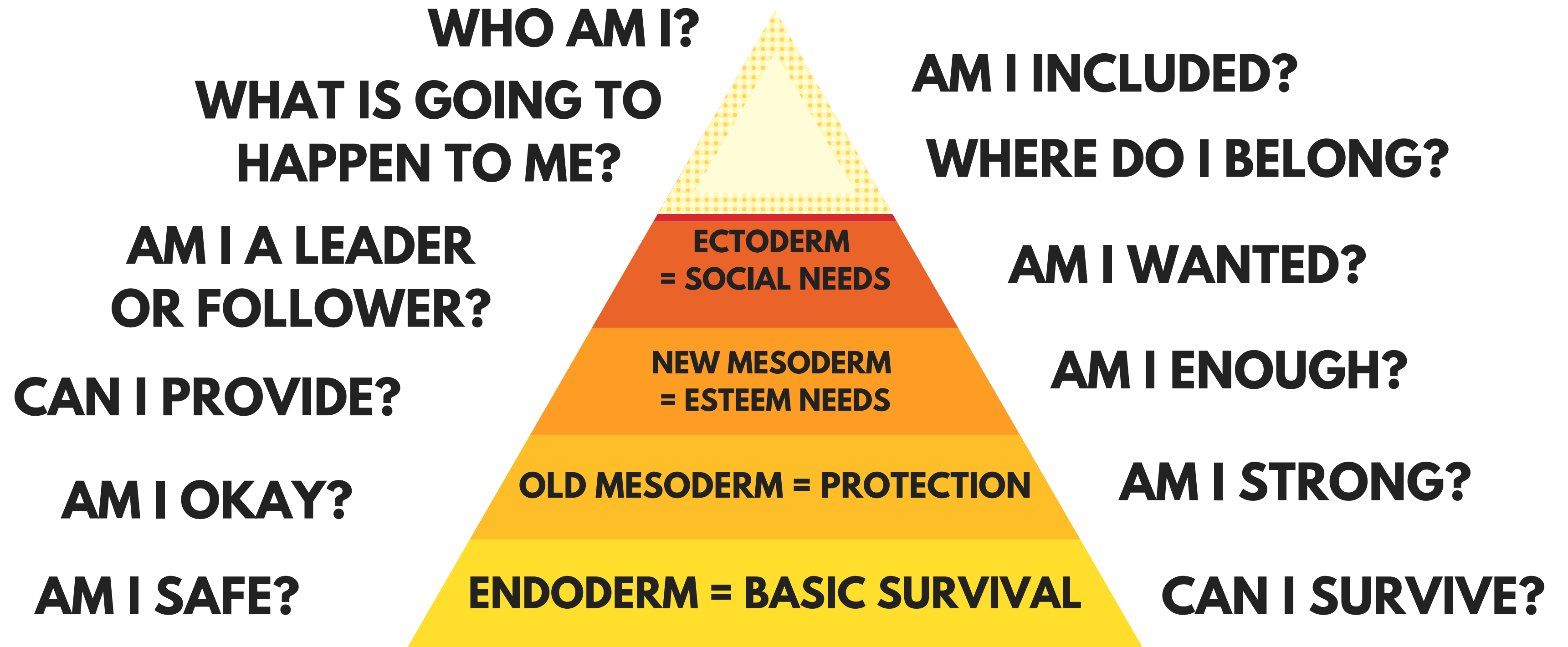
# **Understanding Intelligent Adaptation**

- **The tumor/cough/fever makes sense.**
- **Your body is adapting to help you solve a problem.**
- **Your subjective perception determines the extent of adaptation.**
- **You can recognize and downgrade conflicts.**
- **There is no reason to fear disease.**

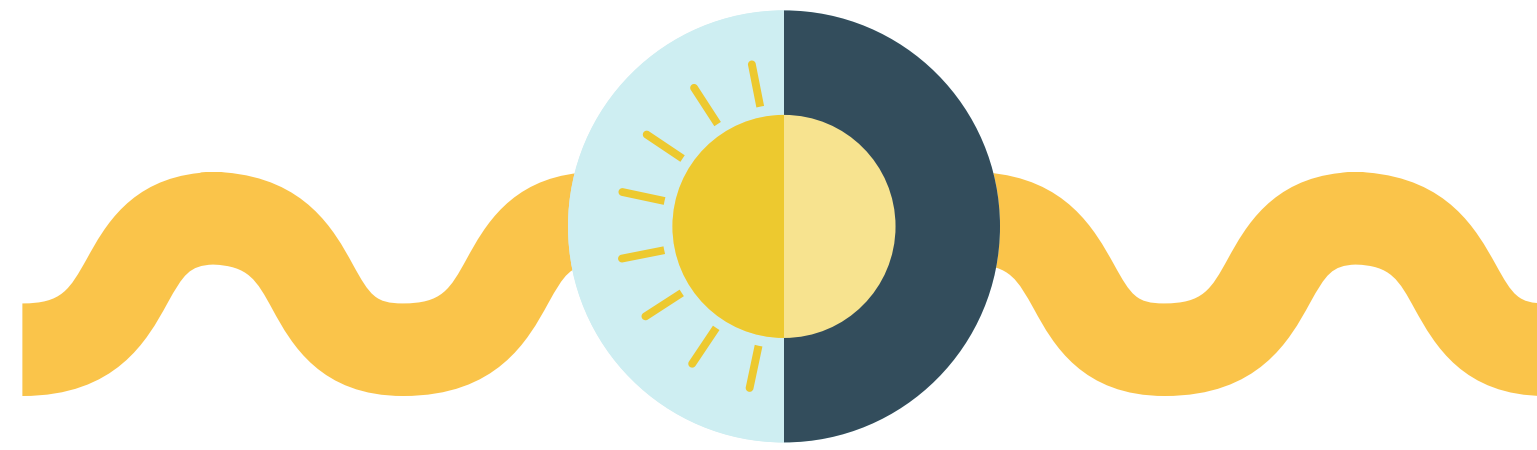


**Now we learn to more  
creatively adapt to  
the unpredictable  
circumstances of life.**

# UNANSWERED QUESTIONS = UNRESOLVED CONFLICT







# **Health = Maintaining Homeostasis**

- **Awareness – Self Understanding**
- **Responding Resourcefully**
- **Creative Problem Solving**
  - **Practical Solutions**
  - **Perception Transformation**
- **Swift Return to Balance/Stillness**
- **Self-Reliance**
- **Harmony with Biology & Natural Law**

# Allergies = Tracks

- **Programmed in at the moment of Conflict**
- **Track causes a recurrence of symptoms**
- **Symptom reveals conflict:**
  - **Intestines = Morsel/Anger**
  - **Sinus = Stink**
  - **Skin = Separation**
- **Conflict is resolved when it can't happen again**



Keep a Symptom Diary!

# TRACKS

## PEOPLE

Who was present:  
Mother/Child or Partner?  
How did they behave?

## EMOTION

Every DHS has emotion.  
When have I felt this way before?

## SIGHT

Objects, faces, color,  
places, including data  
in peripheral vision.

## HEARING

Sound, volume, tone,  
vibration, frequency,  
What couldn't I believe I heard?

## DHS

A MOMENT IN TIME



## OBJECTS

Clothing, gifts, décor,  
a contract, tool,  
any object present.

## SEASON

Date, events, wind, rain  
temperature, snow, pollen.

## TASTE

What was present?  
Foods and substances  
that enter the mouth.

## SMELL

Home, perfume, dander,  
pheromones, smoke, food,  
A situation that "stinks".


## LOCATION

House, office, car, kitchen,  
city, town, country, car, field,  
on, in, or near water.

# Helping Children With Conflicts



- **See the world through their eyes**
- **Find a natural solution**
- **Be willing to rearrange your life**
- **Experimentation, creativity, curiosity**
- **Mein Studentenmadchen**
- **Build up self-confidence**
- **Help them become the hero of their story**



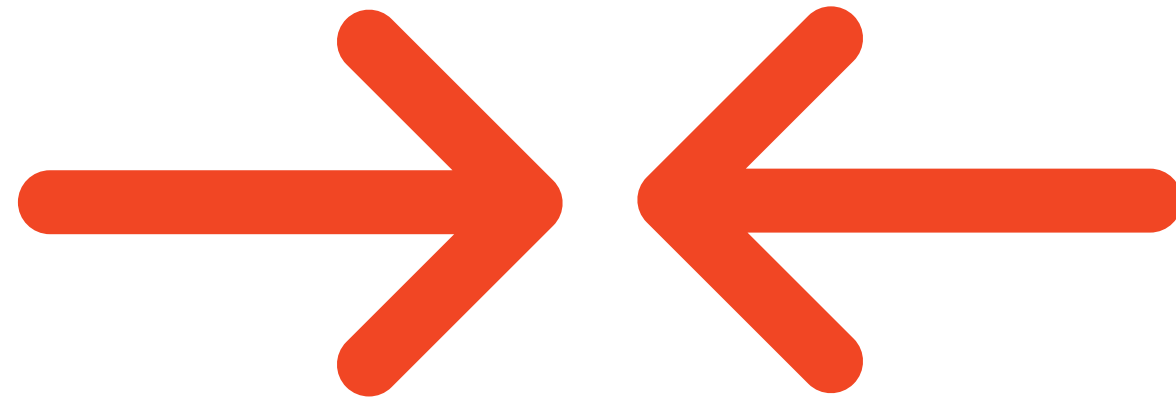
# **INVESTIGATE YOUR UNQUESTIONED ASSUMPTIONS ABOUT THE WAY THE WORLD WORKS**

**Is this true? Why do I believe this?  
Is this perspective an accurate reflection  
of reality and my own lived experience?  
Is this serving me?**

# ANTI-FRAGILE

**"Some things benefit from shocks; they thrive and grow when exposed to volatility, randomness, disorder, and stressors and love adventure, risk and uncertainty. Yet, in spite of the ubiquity of the phenomenon, there is no word for the exact opposite of fragile. Let us call it anti-fragile. Anti-fragility is beyond resilience or robustness. The resilient resists shocks and stays the same; the anti-fragile gets better."**

**-NASSIM NICHOLAS TALEB-**



# RESOLVING SPLIT ENERGY

- **Inner Division = Misalignment**
  - **Not loving what you do**
- **Self-doubt, Guilt, Shame**
- **Limiting beliefs**
- **Going against your core values**
  - **Self-betrayal**
- **People pleasing**
- **Unfocused**
  - **Too many voices**

# **WHAT I CAN'T DO:**

**Predict the future**  
**Guarantee outcomes**  
**Permanently protect myself from shocks**

# **WHAT I CAN DO:**

**Focus on my ideal outcome**  
**Be adaptable and resourceful in response**  
**to whatever happens**



# **DOES THIS MEAN I STOP/START DOING.....**

- **The Germanic Healing Knowledge is not a behavioral prescription.**
- **This is an experiential science.**
- **You must observe it in your own experience.**
- **Take a neutral, beginner's mind and begin observing through this lens.**
- **"Make it your hobby"**

# Language of Adaptation

Weekly GHK Conversations



**@DrMelissaSell**

**DrMelissaSell.com**

**<https://t.me/drmelissasell>**

GERMANISCHE HEILKUNDE

# Significant Biological Special Program:

## Separation Conflict Psoriasis





## The Client

Female

45 Years Old

R-Dominant

# The Conflict

Wanting to Separate and Fear of Being Separated

Wanted to separate from her verbally/emotionally abusive husband for years.

Finally divorced in September 2021 and a major flare of symptoms came up and persisted.

The divorce resolved the desire to separate from ex but brought up a new separation conflict... her child needing to have visitation with the ex.

# Symptoms January 2022





# Interventions She Tried

- ◆ EMDR
- ◆ Naturopathy
- ◆ Sauna
- ◆ Grounding
- ◆ Sunlight
- ◆ Nutrition
- ◆ Supplements
- ◆ Ginger
- ◆ Humira
- ◆ Lymph Massage
- ◆ Skin Brushing
- ◆ Black seed oil

# Separation Conflict Hanging Healing



## Tracks & Triggers

- ◆ Text messages from ex
- ◆ Upcoming interactions with ex
- ◆ Family therapy sessions
- ◆ Child having visits with ex
- ◆ Major fear of upcoming overnight visits
- ◆ Dreams about ex
- ◆ Reaction to the condition of skin



# How She Resolved Her Conflict

- ◆ Understanding Biological Program Meaning
- ◆ Transformed her relationship to the conflict
- ◆ Practiced daily awareness exercises
- ◆ Changed her reactions
- ◆ Maintained focus on her ideal outcomes
- ◆ Trusted that things were working out for her
- ◆ Didn't allow fear to control her
- ◆ Maintained healthy lifestyle habits to support healing
- ◆ Weekly meetings to reinforce new way of thinking



**January 2022**



**April 2022**



# January 2022



# April 2022

