

How Illness *Actually* Spreads - Transcript

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All right, team. Welcome to **How Illness *Actually* Spreads**, and let's go beyond the standard contagion dogma, beyond viruses. Let's dive in. Brendan Murphy here presenting for you.

Okay, I'm gonna start with the Kaznacheyev experiments. So Dr. Vladimir Kaznacheyev lived from 1924 to 2014. He was the director of the Institute for Clinical and Experimental Medicine in Novosibirsk, southern Russia.

Hopefully I've pronounced that pretty correctly. So for 20 years, he directed groundbreaking and highly unusual experiments with twin cell cultures, at least highly unusual from a point of view that's a little more mainstream. Now, these experiments that he did thousands of times over are crucial to understanding disease and healing on a more fundamental basis.

And his work proved conclusively that virtually any cellular disease or death pattern can be transmitted electromagnetically and induced in target cells absorbing the radiation. So this was his method. He took two sealed containers placed side by side, separated with a thin optical window. Two containers were completely environmentally shielded except for the optical coupling.

A tissue sample was separated into two identical samples and one sample placed in each of the two halves of the apparatus. One either side of the window. The cells in one sample on one side of the glass were then subjected to a deleterious agent or contaminants, such as a bacterial "infection" or a chemical poison or nuclear radiation, deadly ultraviolet radiation, and so on.

So they used multiple different sources of contamination, and this led to the disease and death of the exposed infected cell culture sample. If the thin optical window was made of ordinary window glass, the uninfected cells on the other side of the window remained undamaged and healthy. Okay? Nothing weird about that.

This is what the cell setup looked like on the left hand side. There you can see the cell culture that's been contaminated and on the right, an uncontaminated cell culture. And in the middle of the window separating them, they were basically looking to create the cytopathic effect. And here's what happens.

So if the thin optical window was made of quartz, sometime, usually about 12 hours after the disease appeared in the infected sample. The same features of disease appeared in the uninfected sample, so this startling infection by optical coupling occurred in a substantial percentage of the tests, some somewhere from 70% to 80%.

Furthermore, if the originally uninfected cells were in optical contact with the infected cells for 18 to 20 hours or so, and then correspondingly exposed, that is coupled to another uninfected cell

sample. The symptoms of the infection could be passed to this third sample up to 20 to 30% of the time.

So guided by Alexander Gurvitsch's work from the 1920s, early 1920s because ... team showed that cells give off this so-called mitogenic radiation in the form of photons that can affect other cells. They found that the cultures emitted photons in the near ultraviolet range as they died, and that was first discovered by Gurvitsch and later confirmed by his daughter who continued his work, his daughter Anna, in 1962, and then repeatedly confirmed by Kaznachejev in the seventies over thousands of experiments—and other people have done this work too.

Normal window glass was opaque to the near-UV photons or death photons, and it blocked them. However, the quartz window was transparent to them and allowed them through, so they passed through and were absorbed into the uninfected culture on the other side of the window, thus infecting them electromagnetically.

Most of the time, the uninfected culture, which absorbed death photons, sickened and died with the same disease symptoms. And so what the Kaznachejev experiments proved conclusively was that cellular death and disease patterns can be transmitted and induced electromagnetically with no physical contact whatsoever required.

We're faced with the electromagnetic or informational transmission of disease with no physical contact. The passing of information from one biological system to another. So in simple terms, we can say that people who live together are sharing electromagnetic cellular information and they can become resonant with each other.

They can become entrained to one another, so they, they can therefore, at that point, share similar states or similar symptoms, and thus people who spend a lot of time together have higher chances of electromagnetic infection. Because they are becoming likely to be becoming more entrained to one another, more resonant with one another.

If you put a bunch of metronomes all running different rhythms in the same room together... eventually they all synchronize to the same beat. Eventually they all move to the same beat, so they become entrained to one another.

And that's what's happening with us in simple terms, biologically. It's like when women, uh, live together and their periods synchronize, you know, it's not cause they're catching a virus from one another. So some of the other research around this, there's been a bunch of, uh, researchers working on this kind of work like Kaznachejev did, for instance,—here's just quick sampling: 1988 - G. Albrecht-Buehler, published data confirming Kaznachejev's work and indicating that fibroblasts in tissue culture can determine the orientation of others by signals that penetrate glass, but not a metal plate.

Golantsev and his colleagues showed that a mouse mammary explant stimulated by the administration of hormones that cause secretion can stimulate the secretion of protein. In another mouse, mammary explant, separated by quartz glass, allowing the transmission. Shen and colleagues have demonstrated that stimulation of a respiratory blast in neutrophils can cause a similar reaction in another population of neutrophils, chemically separated, but optically bound to the former.

So again, allowing the, the transmission of photons... So some of the health implications around this type of work, we can see how a relatively minor source of pain or discomfort could potentially irradiate nearby areas with the disturbed wave patterns or photons and cause pain or other symptoms to potentially spread.

So we're being forced to admit here that we don't need a physical mechanism such as a so-called virus to communicate disease or dysregulation from one organism or system to another. In truth, the dynamics of contagion are far more subtle. It's all about information transmission between biological systems.

Even then, just because information is transmitted, it doesn't mean it needs to be adopted as one's own biological program. Just because you're exposed doesn't mean that you have to then share those symptoms. So your worst enemy really is the belief in contagion and the program fear that typically follows it.

And Steiner talked about viruses decades ago. He lived from 1861 to 1925, and he described them as basically cellular debris ejected from cells undergoing detoxification, which is basically the modern view. And we sometimes call them exosomes. So to apply some of this to your day-to-day situation, say with your family, the reason a whole family gets sick together is usually because they're biologically entrained, they're resonant with one another.

They're in a state of relatively high bio informational harmony, and they usually share many of the same environmental influences, obviously. So all these same influences or similar influences affecting this group of people, obviously is going to support them in having a similar shared experience of either health or or disease.

And the reason the cleaner say, who only visits for a few hours a week remains magically immune if the family gets sick, is that he or she isn't there long enough for their electromagnetic organism to synchronize with the family and manufacture a similar set of disease or healing symptoms. So he or she's already resonating with a completely different bio rhythm, probably, you know, their own family or whoever else they're living with, um, based on the environmental factors that they're subjected to on a daily basis.

They're not there in the house with the family long enough to become resonant. Whereas maybe the nanny who's there for say, 40 hours a week, she may be, uh, much more en rapport with the family and might experience something like a sniffle, bit of a sniffle and have a quick recovery.

Maybe she or he may not experience the full intensity or the full gamut of symptoms being that they're not quite as entrained or resonant.

So I'm using this example because I've seen it actually happen. I've seen it, um, in my own life. Cleaner, unaffected, nanny, somewhat affected. And then, you know, maybe me and Bub or mom and Bub going through a, a more intense sort of detox and rebalancing process. So the photons, the light we exchanged between us are considered to be pure information.

We are beings of biophotonic light communicating with each other in subtle ways. And Dr. Roeland VanWijk of the International Institute of Biophysics stated in the 2001 paper on biophotons that

As soon as the integration of a new cell into the population by cell division does NOT result in an increasing coherence of the system, the information for cancerous growth will arise. Consequently, the model of a coherent biophoton field, providing the basic communication of the cells in an organism, might help to understand cancer growth in terms of rather fundamental properties of a coherent field.

So we're talking about coherence here. Coherence supporting the kind of experience we would generally like to be having.

So what supports incoherent biofields? Things like stress, fear, physical injury, poisons. We don't need to invoke virus theology to understand what's happening with our biology. We already know plenty of mechanisms and we have plenty of ideas around why we get sick, why we have symptoms. And fear has been instrumental, obviously, instrumental in manufacturing the Covid-19 scam and helping people to unconsciously, unwittingly manufacture their own disease symptoms through the nocebo effect, which I get into in depth with Alec. So go check that out. Make sure you check that out.

And where does all this lead us? So we need to talk about increasing coherence. We wanna be increasing our biological coherence. We can infer logically that the opposite effects to the disharmony and incoherence that we've been talking about can be achieved through biophotonic radiation, or perhaps other forms of biological radiation, specifically energetic healing.

You know, we talk about things like therapeutic touch. Energy healing, using, um, a talented healer, psychic, healer, whatever. And coherence basically starts with peace, starts with gratitude, bliss, love. These are all feeling states from the same end of the spectrum. This is the end of the emotional spectrum you wanna be operating in.

If you want to give yourself the best chance of vibrant health and be feeling good. So on the left hand side of your screen here, you'll see a graph of appreciation. This is an ECG, an electrocardiogram. This is the electrical output of the heart mapped in a graph here. This on the left is someone in a state of appreciation.

Appreciation, basically a synonym for gratitude. And on the right you can see a graph of frustration and anger, and obviously that looks very disorganized, very disharmonic, and incoherent. I put a little image there of the caduceus lying on its side because the, the serpents there, if you look at one of the serpents, it creates a pretty good approximation of this, this cascade of appreciation in the graph there.

Um, and I'll come back to that. So this work was done by Dr. Glen Rhine. He's a cell biologist, and he found in this work that he was doing, that coherent ECGs could wind or unwind foreign DNA samples at will and at a distance, so remotely. This would be classed as paranormal by some people. Whereas people who had incoherent heart energy could not do this.

They could not create that unwinding effect. And the key found was that simply feeling love-based emotions wasn't enough. You also had to pair that with the intention to alter the DNA. So you had to have intention and feeling, the feeling state is the foundation. That's the, if you like, the energetic fuel that creates the coherence that you can then enact your intentionality through.

And I discussed this a little bit more in a little bit more detail in my, uh, masterclass, *How to Evolve Yourself* at www.evolveyourself.Live. We'll get into it a bit more there than we do here, but the caduceus that I put there in the appreciation graph is a good approximation of this electrical energy ascending up through our system, um, in a state of coherence. And then the serpents are sort of a stylised representation of the wave phase conjugation as the, um, electrical waves propagate up through the system, and then they converge in our heads.

And that's where you get the, the scepter there and the wings depicting this sort of like divine enlightenment or contact with divinity. And bliss. The, the serpents are a stylized depiction of bliss and the electrical results of that bliss in our biology.

Um, so yeah, a little bit of the mystical aspect of what's going on then. Okay, so in the early 1980s, Dr. John Zimmerman performed studies on therapeutic touch, which is a healing modality. TT for short, and he used a squid magnetometer at the University of Colorado School of Medicine.

And what Zimmerman found was that a huge pulsating biomagnetic field emanated from the hands of a TT practitioner, and the frequency of the pulsations isn't steady, but it sweeps up and down from 0.3 to 30 hertz or cycles per second. This is all extremely low frequency with most of the activity in the range of seven to eight Hz which, also not coincidentally, is, you know, approximating the Schumann resonance. So the biomagnetic pulsations from the hands are in the same frequency range as the brains of the people and studies of the frequencies necessary for healing indicate that they naturally sweep back and forth through the full range of therapeutic frequencies, thus being able to stimulate healing in any part of the body.

And obviously, this kind of research suggests that we are tied into, or tapped into the Schumann resonance, the electrical resonance of planet Earth. And that supports us in doing this kind of work. So speaking of entrainment... Dr. Valerie Hunt did some really interesting work in the 1980s where she measured the electrical fields of people in close proximity to one another, and she measured and proved that the electrical information of one person could become contagious to the other person.

The recipient would take on a similar pattern, and this would happen when healers completed a healing session. The recipient's field would change to match the healers, and at that point, the healer intuited it was time to end the session. Importantly, **not** all people underwent this type of exchange of information and yielded to sympathetic resonance.

Some people's fields simply didn't change. They, they just remained the same. And you could call that in certain contexts you'd call that immunity if you don't wanna pick up an informational state or an emotional state of somebody else. Um, not going into resonance with them, not becoming entrained with them is how you retain your so-called immunity.

So see as mystics have for a long time held the view that human energy feels are interacting upon another, exchanging energy and information, hence energy healing. And this might happen on an etheric, physical, emotional, or mental level, or some combination, or all of the above perhaps. In some experiments, Hunt placed placed two blindfolded people back to back in chairs so that only their auric fields could touch, and neither subject was consciously aware of the other.

Each was instrumented to record the changes that happened. And they found that some people didn't interact well through their fields. In fact, some people would remain absolutely separate, retaining their individual patterns with others. One field totally dominated, the other one changed while the other did not.

And that was common. With successful healing, sometimes both fields changed to become identical yet unlike either initial field state and this new shared field appeared more elaborate than either person's first one, Hunt tells us.

American inventor David Thompson, assisted by Dr. Jack Ward, had discovered at least as early as the 1970s, that individual fields interact with one another, and that they immediately sense fear, aggression, panic, or friendliness in another person.

And just on the right, there is an image from Barbara Brennan's book, *Hands of Light*, which is very interesting because she's a highly developed clairvoyant who can see people's energy feels, and she has observed the interaction that takes place between people's energy feels when you know a healer is working on a recipient.

So an interesting book there if you want visuals of the energy fields of the, of the, uh, well, the many different energy fields of the human being and the way they can interact. So restoring

coherence is the process of healing and Hunt found that sometimes people who had mathematically dissimilar fields who she expected to not interact with one another actually did so while sometimes people who displayed an apparently perfect resonating compatibility failed to interact.

And she said that “We realized that a transaction between the two fields was essential to hasten healing. When experienced healers had finished a healing session, the two fields of the healer and the healee showed an identical pattern. Apparently, when healers sensed that identical pattern, they terminated the healing session.”

So let's just touch on Kirlian photography for a brief moment. Semyon Kirlian there on the right hand side of the screen. The Kirlians had actually already photographed the energy streaming from Healer to healee in their own healing work and with Kirlian photography. Russian physicist, Victor Adamenko had charted an ionized electrical field between a healer's hands and a patient's body, which he considered transferred information to the patient, which is later felt as heat.

And you can see there in the left hand side of that image the photonic output coming from somebody's fingertips, and there underneath it from a leaf and from most of a human body there in the bottom left part. So Hunt's auric findings have been echoed indirectly by other researchers, including Dr Fritz Popp who showed that with the use of a photo-multiplier, the Daphnia Water Flea actually exchanges photons with other water fleas.

They were sucking up light emitted from each other, and he found the same thing with small fish. And I'll come back to fish in just a second. On our next slide, Popp found that even bacteria would swallow photons from the medium they had been placed in. And schools of fish seem to react to one another and change direction as if they were one, as if they are communicating among themselves at the speed of light.

And I suggest that's exactly what is happening. So let's talk about Dr. Carmel Mothersill's research using fish. The title of this particular study is called *Rescue of Fish, exposed to a lethal dose of a pathogen by signals from sub-lethally exposed survivors*. So what happened was they took some rainbow trout and injected them with a sub-lethal dose of *Vibrio anguillarum*, VIB1 for short, and allowed them to recover.

And then after a week, they introduced naive fish they called bystander fish which had never been exposed to the path pathogen. Um, whether or not you think *Vibrio anguillarum* is a pathogen is not the point of this, as you'll see. Um, so these, these naive bystander fish were introduced to the same tank as the fish that had recovered from the initial injections, and they, they were allowed to swim together for a week.

And then after that, a control group was brought in and all three of the groups, the control group, the initial group that were injected and the bystander fish, all received what was dubbed a lethal

dose of VIB1, or what *should* have been a lethal dose. So what happened was within three days, the control group that had never been exposed and had not had a chance to swim with the original group of fish that were injected, a hundred percent of them were dead within three days.

Whereas if you look at the first group that was injected and allowed to recover only 47% mortality in that group from what should have been a lethal dose, and the 60% mortality rate came from the bystander group who were allowed to swim for a week with the initial group that had recovered. So there was this interesting, um, kind of immunity shared between the groups, and it wasn't passed by a physical mechanism like, um, you know, the vibrios being passed, uh, through the water to the other fish because that was not possible—they can't survive in the water. So there had to be some other mechanism responsible for passing this kind of, um, resistance or immunity on. And so healthy systems support others through resonance. In other words, being near the fish that had recovered from the *Vibrio* injections and adapted to that actually supported the bystander fish to be able to withstand a later lethal dose. And the control group that had no prior exposure to the adapted group suffered a hundred percent mortality instead of the lower 60% for the bystanders who had a chance to swim for a week with the initial group that got injected.

So resonance goes both ways. It can pass dis-ease, can pass symptoms, or it can provide resilience and um, what we could call immunity. And mothers have said that this inter animal communication of signals has previously been documented for animals exposed to ionizing radiation. So they've done these types of experiments previously using ionizing radiation, and they've found the same bystander effect.

Um, they also added that a signal as yet unidentified but similar to that seen in bystanders to irradiated fish was being produced. I'm suggesting probably biophotons or something similar. Um, they also added, “a totally different stress caused by disease exposure induces a similar mechanism, and that adaptive responses can be communicated to individuals other than those directly exposed.”

Okay, so back to the Soviet seventies... This is from a DIA report from 1975. So

Further Soviet research into cellular information transfer revealed that a uniform pattern, code, or rhythm of radiation was emitted from normal cells. And this pattern was disturbed when cellular damage occurred becoming quite irregular, but these patterns were transmitted from experimental to control preparations only when the cells or organs were cultured in quartz, which allowed the passage of the so-called death photons.

This caused the Soviets at the time to conclude that UV radiation mediated the cellular information transfer.

And again, this was done thousands of times and has been done by other researchers. Uh, beginning with Alexander Gurvitsch and the researcher subsequently correlated given irregularities of emission with specific diseases including, including cancer.

And there was developed based on Gurvitsch's work with biophotons, what he called mitogenic radiation. They developed a cheap and effective and easy form of cancer diagnosis using his work. Okay, so back to Dr. Fritz Popp, who lived from 1928 to 2018.

He was a German researcher in biophysics. He discovered that the more ethyl bromide he added to DNA samples, the more they unwound and the stronger the light emissions became. He also found that DNA was capable of sending out a large range of frequencies, and that some frequencies seemed linked to certain functions.

If DNA was storing this light, it would naturally emit more light once it was unwound. So these and other studies demonstrated to Popp that one of the most essential stores of light and sources of biophoton emissions was DNA—it must be like the master tuning fork in the body. It would strike a particular frequency and certain other molecules would follow.

And this kind of thinking has received support from other areas. So in biophoton emissions, Popp believed he had found an answer to the question of morphogenesis, as well as cell coordination and communication. Popp's experiments indicated these weak light emissions were sufficient to orchestrate the body and his co conclusions support those of Peter Gariaev and his colleagues who contended that quantum non-local communication is at the foundation of the body's functioning.

Adding to this was the research done by physicist Herbert Frolich, who lived 1905 to 1991.

He was one of the first to introduce the idea that some sort of collective vibration or signal was responsible for getting proteins to cooperate with each other and carry out the instructions of DNA and cellular proteins.

He also predicted that certain frequencies just beneath the membranes of the cells could be generated by these proteins. So wave communication was thought to be the means by which the activities of proteins and amino acids would be carried out, and a good way to synchronize activities between proteins and the system as a whole.

Frolic had shown that once energy reaches a certain threshold, molecules begin to vibrate in unison until they reach a certain level of coherence or resonance. Um, so. And that specifically coherence then can lead to resonance. So the moment the molecules reach this state of coherence, they take on certain qualities of quantum mechanics, including non-locality.

So that means that they can synchronize with each other instantaneously with no officially recognized signaling mechanism. At least nothing happening below the speed of light. So our bodies run on light and Fritz Popp's Nobel Prize-winning research establishes that every cell in the body, if cells truly exist, at least in some form, it receives stores and emits coherent light in the form of biophoton emissions.

To put it more generally, our bodies receive store and admit coherent light in the form of biophotons in tandem with biophonons. That is acoustic energy. Biophotons maintain electromagnetic frequency patterns in all living organisms. And in the words of Steven Lindsteadt, this matrix that is produced and sustained by frequency oscillations “provides the energetic switch boarding bet behind every cellular function, including DNA-RNA messengering and cell membranes scan and convert signals into electromagnetic events as proteins in the cells bilayer change shape to vibrations of specific resonant frequencies,” and he emphasizes that every biochemical reaction is preceded by an electromagnetic signal.

So the quantum non-locality of genetic information is fundamental to the work of Dr. Peter Gariaev and many others in explaining the formation, maintenance, and organization of our physical bodies, according to the pioneering Gariaev, who actually used lasers to informationally turn frogs into salamanders and vice versa,

The importance of quantum non-locality for a genome is hard to overestimate.

In other words, cutting-edge research basically requires the reality of hyperspatial non-local connections throughout the entire body. To coordinate or bodily activities and, um, exosomes may be involved in this process, uh, beyond just intercellular EM signaling, but in signaling between different bodies and potentially creating resonance and entrainment.

So are they involved in bystander effects? Facilitating adaptation to environmental stresses possibly seems more plausible when we recognize that they carry DNA/RNA (genetic material), uh, DNA being seemingly this very interesting and compelling and bizarre quantum antenna. This is kind of where our biology interfaces with the quantum field.

Let's talk a bit briefly about contagion failures. I know a lot of this will be covered by other speakers, but um, trying to transmit supposed viral infections from one person to another is actually impossible. Doesn't work, particularly when you realize pathogenic viruses are pure fiction. No one's ever really succeeded in scientifically demonstrating that isolated cellular debris or things misidentified as exosomes which get called a “virus” actually does anything harmful in the body. And you can contaminate or poison someone, but you can't make contagion work with bits of cellular debris. I did cover, uh, some of this in an episode on Spanish Flu in episode 25 of the podcast. I think someone else will probably cover it here in the summit.

And, um, just briefly Dr. Rosenau did some very, uh, unpleasant experiments on transmission many years ago, things that may even be considered unethical by today's standards, even though based on the results they shouldn't be because *nothing happened*.

So he and his colleagues attempted by various unpleasant means to infect healthy volunteers with the flu for men who were deathly ill, not just a little bit ill, but deathly sick. Bodily fluids were shared, breath was inhaled, eyedrops of sputum were implemented, blood transfusions happened, but they failed over and over and over.

Nobody got sick. None of the healthy volunteers got sick. The experiment was repeated and they got the same results. The physicalist approach yielded zero contagion. And that's far from an isolated instance. So to be clear, being briefly in the presence of very, very sick men, even sharing bodily fluids was not enough to electromagnetically contaminate the healthy volunteers and induce disease symptoms in any of them.

And it was around a hundred men by the time the second version of the experiment was done. So they weren't around the sick men long enough to become entrained, to become resonant with them. Okay, so here's a few conclusions based on what we've discussed so far. Number one, illness. Illness is not created simply through crude physical mechanisms as proposed by germ theorists.

It is shared through resonance and entrainment. Number two, exposure doesn't necessarily equal infection. Without resonance, nothing really happens. So resonance also, we want to recognize that this is a very important point: Resonance can also protect and heal and restore coherence. We can use resonance to restore our own coherence, and we can use resonance as a form of, um, "borrowed immunity." You know, like we saw in the experiments with the bystander fish being around another fish that had recovered from a previous exposure and had adapted to that and moved on and was okay—just being around them was enough to offer a certain level of immunity and protection from what normally would have been a lethal dose, for at least some of the fish.

Number four: no virus has ever been caught creating a disease. No so-called "virus." There's a reason I put the inverted commas around it. Ergo, pathogenic viruses don't exist. You can't catch cooties. Contagion operates electromagnetically and informationally and also psychosomatically through our beliefs and the nocebo effect.

So the role of the psyche is vastly underestimated in all of this, as I've been saying since the early days of Cooties-19, which I've insisted on calling it... Vastly underestimated. You know, I was trying to point out from very early on that people believing in that nonsense was actually contributing to making them sick.

And it really does. Um, I get into that more in my discussion with Alec, so check that out on the discussion on *Covid Psychosomatics*. Um, so we know it from many realms of research. For

example, we can look at Dr. Sarno's tension myositis syndrome. We can look at the work of Dr. Harvey Bigelsen now carried on, carried on by Adam Bigelsen, who's also presenting here.

I definitely recommend you check out his presentation. Um, we can also look at Dr. Hamer's enormous work with German New medicine, and if we look at these different fields of work, we can see that there is no symptom or illness that we need to explain with viruses. We just don't need it. We don't need the hypothesis.

It's unnecessary. We have other mechanisms. We have other understandings, other perspectives. We don't need so-called viruses, particularly when we realize there's no evidence for them. And just to start wrapping this up, we have a paragraph from Kaznachev's book here, just that bottom paragraph here, where he says,

An important feature of this effect, the Kaznachev effect, is that the cellular cultures are sensitive under northern conditions, conditions to seasonal changes to solar eclipses, to the parade of the planets, to solar storms and magnetic disturbances to the Nova, and even to such events as planetary damage of the biosphere due to nuclear weapons tests...

and so on.

All of these different factors influence the cell cultures. All of these different factors influence us. They're all different sources of stress at times, different sources of stimuli. So we are not islands, we are not physically islands. Our bodies are not islands, and the earth is not an island. It is not disconnected. We exist in an electromagnetic matrix that is constantly influencing us in all sorts of different ways. Usually very subtle, usually below surface level awareness. So subliminally, and just to add another wrinkle to this, Alexander Chizhevsky, who lived from 1897 to 1964. He developed what became known as Heliobiology and he actually, based on observation, he developed the theory that periods of great social upheaval and unrest happened to follow solar activity, the sunspot cycle of 11 years.

And he found that when solar activity peaked, so did mass unrest, and he was also able to link peaks in solar activity with epidemics. So that tells you something very profound. This is, you know, I mean, we can get into talking about astrology and all sorts of things, and the fact it is that we exist in this matrix of innumerable influences on us psychologically, biologically, sociologically.

We're not islands. We don't live on an island. And, um, we need to broaden our scope. We need to broaden our purview here in, in terms of understanding health, understanding illness, it's much bigger. The picture is much bigger and more nuanced and more sophisticated than germ theorists would have you believe.

And they never talk about this stuff. I wonder why. I wonder why they don't wanna acknowledge that solar activity peaks also happen to correlate with epidemics. Um, you know, it gets hard. I

guess it's very hard to sell a vaccine to somebody if they can start connecting some of these dots. You know, if I understand that solar activity is connected to outbreaks, so-called outbreaks, then what use is a silly vaccine, especially when we realize there's no virus involved.

And when we realize in general that the diseases that we are told are caused by certain things are actually not caused by those things and that the mainstream model is completely wrong in disease causality and understanding what makes us ill... So Chizhevsky pioneered Heliobiology and helped us to understand a high level, you know, Some of these other influences, and this is opening up a huge can of worms here, which we, you know, don't have time to get into.

It's taking us beyond the scope of the main thrust of this presentation, which is how illness spreads, which we've covered the basics of here. So we've got, we've put in place, um, the fundamentals of a model for understanding how illness is generated, how it spreads not with germs, not with uh, imaginary viruses, but as we are, we are part of an integrated system, everything's interconnected and, um, illness or health is much more the result of the nature of the dynamical, nature of interrelationships between us and the environment that we happen to be in, and the people that we happen to be around, because they constitute part of our environment as well. So I hope you found that interesting.

I think I'm on just about the last slide here. We actually do create a lot of disease symptoms or disease unconsciously through stress. Nothing but the power of mind. And beliefs. Beliefs, the placebo effect. A lot of people don't want to grapple with this possibility and the sometimes disturbing ramifications of it.

But, uh, as I said earlier, I mentioned I get into this in more depth in the chat with Alec. So go check out that discussion on *Covid Psychosomatics*. Very interesting. We can take things further than simply talking about, um, mass formation psychosis, for example. Um, because there's a physiological side to that.

Um, so as much as I applaud Mattias Desmet for putting mass formation psychosis on our maps—Desmet **not** Robert Malone—we can take it further. So that's what I did with Alec in that discussion. Go check it out. And I thank you for joining me. Thank you for your time.

And if you wanna get in into more of the nature of reality stuff, the non-local communication stuff, particularly in the context of consciousness research and, parapsychology, paranormal, check out my book, *The Grand Illusion Book 1*.

Uh, you'll find the cheapest versions of it on my website, so make sure you head there, pay less. Go to my website, brendanDmurphy.com/tgi.

Appreciate your time. Appreciate you. Thanks for joining me, and I will see you next time. Brendan Murphy signing off chat for now.

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About Brendan

Brendan D. Murphy is the “consciousness guy,” host of popular [Truthiverse](#) podcast, and author of the epic, “[The Grand Illusion: A Synthesis of Science and Spirituality — Book 1](#).” He’s also the founder of [The Truthiversity](#), the #1 consciousness-raising university. This is a one-of-a-kind multimedia learning portal for awake and discerning minds who want to see past the edge—with a host who can show them.